

**Region 1 Acrobatic Gymnastics**  
**Rules and Policies**  
**2009/2010**

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**Introduction**

The purpose of this document shall be to define rules and policies that are specific to the Region 1 Acrobatic Gymnastics program.

**Other Documents:**

This document works in conjunction with the following:

**“By Laws of the Western Region Sports Acrobatics Association Inc.”**

**“Specifications for Acrobatic Gymnastics”**

Available through USA Gymnastics

**Section 1: Officers**

The following table details the current officers and Committee Chairs for the Western Region Sports Acrobatics Association, Inc. and Region 1 Program Committee.

<b>Title</b>	<b>Name</b>	<b>Address</b>	<b>Email</b>	<b>Phone</b>
Administrative Chair	Bob Meier	422 Blossom Hill Road San Jose, CA 95123	<a href="mailto:rmeier@usa-acro.org">rmeier@usa-acro.org</a>	408-224-5437 408-701-2595 Fax
J.O. Committee Chair	Nancy Davis	2158-C Galveston Avenue San Jose, CA 95122	<a href="mailto:coachnld@aol.com">coachnld@aol.com</a>	408-836-9479
Technical Committee Chair	Kari Duncan	9067 Wild Willow Court Elk Grove, CA 95758	<a href="mailto:judgeduncan@cs.com">judgeduncan@cs.com</a>	916-684-5935
Judging Coordinator	Karen Duncan	9067 Wild Willow Court Elk Grove, CA 95758	<a href="mailto:judgeduncan@cs.com">judgeduncan@cs.com</a>	916-684-5935
Athlete Representative	Kimberly Osoria		<a href="mailto:klosoria@hotmail.com">klosoria@hotmail.com</a>	209-402-7971
Treasurer	Margaret daSilva	19052 Carlton Avenue Castro Valley, CA 94546	<a href="mailto:MickeySew@aol.com">MickeySew@aol.com</a>	510-537-9082

**Section 2: Competition Selection and Meet Director Requirements****A. Selection of Meet Dates and Hosts**

Meet dates for the new competitive season are determined during the annual fall meeting.

Meet dates for State and Regional meets are selected based on the USA Gymnastics-Acrobatic Gymnastics requirements and the announced date for the National Championships. The host teams for each meet are determined by a bidding process only in the event that there are two or more teams requesting to host either meet. The winning bid amount is donated to the WSA Travel Fund above and beyond the established meet surcharges. The starting bid for the regional championship meet is \$500, while the starting bid for the state championship meet is \$300. Those with contracts will receive priority.

For local meets, clubs should submit meet requests to the RACC prior to the fall meeting and no later than October 1<sup>st</sup>. Those with contracts and having held meets consistently year after year with success will be given priority. The RACC may hold a conference call with the interested clubs to review dates requested to help divide up and apportion meet dates evenly over season prior to State championships. Final approval will be made at the fall meeting.

Once the meet dates have been determined, the meet director must complete the “Region 1 Meet Contract Form” and send it to the Regional Administrative Chair, 10 days after the fall meeting.

## B. Meet Fees Structure

Meet entry fee structure for Region 1 meets will be determined at the annual fall regional meeting. These are the current fees. They include the USA Gymnastics-Acrobatic Gymnastics and WSA surcharge fees.

Meet Type	1 <sup>st</sup> Entry	Additional Entry	Meet Surcharge to WSA/Region 1
Local Meet	\$55	\$20	\$10
State Meet	\$80	\$30	\$15
Regional Meet	\$85	\$30	\$20

These fees include a \$10 per athlete participation for local competitions and \$15 for State and \$20 for Regionals to the WSA travel fund. It also includes a \$5 per athlete fee meet surcharge payable to USA Gymnastics. Athletes are counted only one time even though they might be in more than one event.

## C. Meet Director Obligations

1. Once the Board of Directors has approved a meet, the meet director must submit a sanction request form to USA Gymnastics' Member Services a minimum of 30 days before the meet date. Events will not be sanctioned without the approval by a majority of the Board members.
2. The meet director must coordinate with the Regional Judging Coordinator directly to arrange for judges and send a meet information packet (indicating dates, times, location, entry deadline, specifications and directions) to him/her. Meet Directors can expect to know from the judging coordinator 50 days out who their Meet Ref/CJP/DJ will be so these can be listed in the registration packet. Judge Assignments will be listed on the Region 1 website.
3. The meet director must distribute an event announcement flyer to each invited team at least 30 days before the entry deadline for local meets, 60 days for state meets and 90 days out for regionals. . The entry deadline should be 3 weeks prior to the competition date. The announcement flyer should indicate the event date, time, location, entry deadline, specifications and directions.
4. After the receipt of registration fees, no refunds will be given within 14 days prior to the meet *for any reason* with the exception of meets requiring prior qualification.
5. An overall schedule of the meet detailing which levels/events compete on which day shall be sent out 14 days prior.
6. A detailed rotation schedule shall be sent out 5 days prior to the meet.
7. The meet director is responsible for insuring that all participating athletes, judges and officials are registered members of USA Gymnastics-Acrobatic Gymnastics. The RACC shall insure the meet director is a member of USA Gymnastics-Acrobatic Gymnastics and has passed the required meet director's test. It is the responsibility of the meet director, and not the RACC, that the specifications for the ceiling height, floor clearance, etc. be met.
8. The WSA surcharge shall be delivered to the RACC or treasurer at the conclusion of the meet or if not available, mailed within 24 hours. The meet director shall then send a meet summary report, meet results (manual score sheets or electronic data) to the RACC within 10 days of the meet conclusion. The WSA surcharge is included in the meet entry fees indicated above and applies only once per athlete, even if entered in multiple events. The meet director is ultimately responsible for delivery of the results and payment, regardless of the internal organization used to host the meet.

### Section 3: Other Special Requirements

- A. The meet director will make an effort to accommodate special circumstances of the athletes, but such accommodation should not affect the meet schedules and awards. It is recommended they be given like medals but will not be given an official place or presented awards on the stand with other athletes. Note to Coaches: Special requests shall not be made for reasons of convenience. Clubs must make sure that their athletes and parents are well aware of the meet dates. A request for religious beliefs, proms and graduations must be made at time of registration.
- B. Athletes outside Region 1 may participate for medals at locals, State and Regionals Championships. Any athletes who are fairly registered and have paid required fees will be allowed to compete equally alongside athletes from region 1 for medals. If outside athletes pay region 1 dues they may participate freely within region 1. Competition at regional meets are not intended to be used for qualifying purposes unless there is no qualifying event within their own region. If they do not qualify within their region at a State or Regional championships they may compete for qualification scores only, not for medals. If they have qualified within their own region and wish to compete at region 1 events for the competition experience, they would not be allowed to take medals from region 1 athletes.
- C. 6 days prior to a given meet will be the last day that any changes in registration will be accepted by the meet director. Any changes submitted less than 6 days prior will be subject to the discretion of the meet director and if agreed to, there will be a \$25 change fee and updated changes will appear in the rotations distributed at the competition.
- D. State and Regional Competitions must have facilities that are air conditioned. Ventilation only is not acceptable. Swamp coolers are not acceptable.
- E. All coaches should maintain a team dress code at all competitions. All coaches should wear professional looking team attire while coaching on the floor. (No jeans, cutoffs, hard sole shoes, no high heels, etc.)
- F. If a club registers late, there will be a late fee of \$50.00 per club and a \$10.00 per pair/group fee. If they have already registered and want to add an additional pair/group (late), then the \$10.00 pair/group fee applies.
- G. The meet director will make provisions to accept competition music in an MP3 or WMA format for all region 1 competitions. This is in addition to the requirements outlined in the Acrobatic Gymnastics Program Rules and Policies, Section X, subsection III titled "Music". All MP3 music files from a club may be submitted on a single CD for convenience. The naming convention for the MP3 files will use the competitor group number and the first letter of the exercise (Balance, Dynamic, Combined) followed by the file extension. For example, "118c.mp3" is the combined exercise music for group registered as 118.

### Section 4: Petitioning Process

All petitions received by the Regional Administrative Committee Chair for local through Regional Competitions must be received before the competition begins.

Petitions must be filled out in accordance with the requirements of the USAG specifications.

The RACC shall submit to all the clubs a report prior to State and Regionals, which shows those petitions which have been submitted and their decision.

Other petitions to the national office affecting the qualification process to level 10 and elite shall also be made known to the clubs through the RACC when possible. Coaches are responsible to provide this information to the RACC.

## Section 5: Awards

### State Awards

**Club Team Awards: To be purchased by host of meet. Awards will be banners. Size and artwork to be approved by Regional Administrative Committee.**

Awards will be given to the first place for each level with the highest point total. Scores for team awards are figured as follows: Athletes' competition placement will be converted into team points.

1st place = 5 points

2nd place = 4 points

3rd place = 3 points

4th place = 2 points

5th place and below = 1 point

Teams earn points for the highest athlete placement per event per level. Ties in placement result in the same point values awarded. For Elite Team Awards, a minimum of two and a maximum of five entries (one per event) will count towards the team score. Placement is based on the sum of scores from Competitions 1, 2, and 3 for each pair or group. Both Junior Elite and Elite scores earned count for the Elite Team award.

However, only one score, either Junior Elite or Elite, may be counted per event. For Junior Olympic Team awards, a minimum of two and a maximum of five entries (one per event) will be used to figure team scores. For Levels 8-10, placement is based on scores from Competitions 1 and 2 to be considered.

### Regional Awards

**Club Team Awards: To be purchased by host of meet. Awards will be trophies. Size and artwork to be approved by Regional Administrative Committee.**

The following awards are purchased by the Western Region Sports Acrobatics Association

#### Pair/Group Awards

These awards are categorized in three level groupings: Level 4-7, Level 8-10 and Elite. Each club should submit 2 votes and a maximum of 1 vote for your own clubs pair/group. To make this award significant to the athletes, please involve them in the selection process. I would recommend setting up a meeting with your team to get their input as to which pair/group you would like to honor from another club. Regarding a selection of your own teams pair/group, you might want to have your athletes vote using a secret ballot. Please be ready to submit your votes when you arrive at regionals.

#### Coach Awards

These awards are divided into three. Elite Coach of the Year, Junior Olympic Coach of the Year and Rookie Coach of the Year. Nominations should be emailed to the administrative chair 1 week prior to regionals of the coaches from each club who are eligible for either elite, junior Olympic or rookie coach of the year. The vote will be taken at regionals.

#### Highest Score of the meet awards

These awards are determined by score alone. These will be given for the following levels: 4,5,6,7,8, Jr. 11-16, 9, 10 and Elite.

**Regional Championships Pair/Group Awards**

Award	Award Description	Nomination Criteria (Eligibility)	Selection (Eligible Voters)	Selection Procedures
<i>XXXX Region 1 USAG Acrobatic Gymnastics Pair/Group of the Year Junior Olympic Levels 4-7</i>	Awarded for great achievements in athletic endeavors	All Level 4-7 athletes competing at Regionals.	2 votes per club. Max 1 pair/group from your own club.	Conducted by written ballot during Regional Championships. Ties will be broken by highest score at regionals.
<i>XXXX Region 1 USAG Acrobatic Gymnastics Pair/Group of the Year Junior Olympic Levels 8-10</i>	Awarded for great achievements in athletic endeavors	All Level 8-10 athletes competing at Regionals.	2 votes per club. Max 1 pair/group from your own club.	Conducted by written ballot during Regional Championships. Ties will be broken by highest score at regionals.
<i>XXXX Region 1 USAG Acrobatic Gymnastics Pair/Group of the Year Elite</i>	Awarded for great achievements in athletic endeavors	All Elite athletes competing at Regionals.	2 votes per club. Max 1 pair/group from your own club.	Conducted by written ballot during Regional Championships. Ties will be broken by highest score at regionals.

**Regional Championships Coach Awards**

<i>XXXX Region 1 USAG Acrobatic Gymnastics Elite Coach of the Year</i>	Awarded for great achievements in Elite coaching endeavors	All coaches with an athlete qualified to Elite at Regional Championships. Based on his or her performance throughout the season.	Clubs to submit nominations prior to regionals of the coaches from their club who are eligible.	Conducted by written ballot during Regional Championships. Each club will be able to vote for 1 candidate.
<i>XXXX Region 1 USAG Acrobatic Gymnastics Junior Olympic Coach of the Year</i>	Awarded for great achievements in Junior Olympic coaching endeavors	All coaches with an athlete qualified to the J.O. (Levels 4-10) at Regional Championships. Based on his or her performance throughout the season.	Clubs to submit nominations prior to regionals of the coaches from their club who are eligible.	Conducted by written ballot during Regional Championships. Each club will be able to vote for 1 candidate
<i>XXXX Region 1 USAG Acrobatic Gymnastics Rookie Coach of the Year</i>	Awarded for great achievements as a rookie coach.	All coaches with athletes who have qualified to Regional Championships for no more than 2 years. Based on his or her performance throughout the season.	Clubs to submit nominations prior to regionals of the coaches from their club who are eligible.	Conducted by written ballot during Regional Championships. Each club will be able to vote for 1 candidate

<b>Regional Championships Highest Score of the Meet</b>				
<b>Award</b>	<b>Award Description</b>	<b>Nomination Criteria (Eligibility)</b>	<b>Selection (Eligible Voters)</b>	<b>Selection Procedures</b>
<p><i>XXXX Region 1 USAG Acrobatic Gymnastics Highest Score at Regional Championships Level 4 Level 5 Level 6 Level 7 Level 8 Level Jr. 11-16 Level 9 Level 10 Elite</i></p>	<p>Level 4 through Elite pair/group with the highest score at regionals.</p>			<p>Reported by meet director</p>

9 Separate Trophies

# SAMPLE of Club Team Awards for State and Regionals

USAG Acrobatic Gymnastics  
XXXX Region 1 Championships or XXXX California State Championships  
Team Award - LEVEL 4

USAG Acrobatic Gymnastics  
XXXX Region 1 Championships or XXXX California State Championships  
Team Award - LEVEL 5

USAG Acrobatic Gymnastics  
XXXX Region 1 Championships or XXXX California State Championships  
Team Award - LEVEL 6

USAG Acrobatic Gymnastics  
XXXX Region 1 Championships or XXXX California State Championships  
Team Award - LEVEL 7

USAG Acrobatic Gymnastics  
XXXX Region 1 Championships or XXXX California State Championships  
Team Award - LEVEL 8

USAG Acrobatic Gymnastics  
XXXX Region 1 Championships or XXXX California State Championships  
Team Award – Jr. 11-16

USAG Acrobatic Gymnastics  
XXXX Region 1 Championships or XXXX California State Championships  
Team Award - LEVEL 9

USAG Acrobatic Gymnastics  
XXXX Region 1 Championships or XXXX California State Championships  
Team Award - LEVEL 10

USAG Acrobatic Gymnastics  
XXXX Region 1 Championships or XXXX California State Championships  
Team Award - ELITE

## Region 1 Acrobatic Gymnastics Meet Contract Form

Event Director: \_\_\_\_\_

Date of Event: \_\_\_\_\_

Professional Member # \_\_\_\_\_

Name of Event: \_\_\_\_\_

Meet Director test \_\_\_\_\_

Club # and Name \_\_\_\_\_

Site Address: \_\_\_\_\_

Club Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**State and Regional meet facilities must have air conditioning. Ventilation only is not acceptable. Swamp Coolers are not acceptable.**

Meet Director phone # \_\_\_\_\_

Meet Director Cell # \_\_\_\_\_

**Note: This form does not replace the USAG Sanction request form.**

**I am a professional member in good standing with USA Gymnastics. I agree that the above event will be conducted according to the USA Gymnastic Specifications and the Region 1 Acrobatic Gymnastics Rules and Policies. I thoroughly understand these policies and assume responsibilities for this event and agree to be held accountable for any irregularities that might incur. I also will be financially treasure. I understand that I am ultimately responsible for delivery of the payment, regardless of the internal organization used to host the meet.**

Signature of Event Director: \_\_\_\_\_

**WSA/Region 1 Meet Surcharge: Locals \$10 per athlete, State \$15, Regionals \$20  
USAG Meet Surcharge: \$5 per athlete**

**Please mail or fax form to the Regional Administrative Chair.**