

Region 1 Acrobatic Gymnastics

Rules and Policies

2010/2011



Region 1 Acrobatic Gymnastics

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Introduction

The purpose of this document shall be to define rules and policies that are specific to the Region 1 Acrobatic Gymnastics program.

Other Documents:

This document works in conjunction with the following:

“By Laws of the Western Region Sports Acrobatics Association Inc.”

“Specifications for Acrobatic Gymnastics”

Available through USA Gymnastics

Section 1: Officers

The following table details the current officers and Committee Chairs for the Western Region Sports Acrobatics Association, Inc. and Region 1 Program Committee.

Title	Name	Address	Email	Phone
Administrative Chair	Bob Meier	422 Blossom Hill Road San Jose, CA 95123	rmeier@usa-acro.org	408-224-5437 408-701-2581 Fax
J.O. Committee Chair	Nancy Davis	2158-C Galveston Avenue San Jose, CA 95122	coachnld@yahoo.com	408-836-9479
Technical Committee Chair	Kari Duncan	9067 Wild Willow Court Elk Grove, CA 95758	Acrogymjudge@cs.com	916-684-5935
Judging Coordinator	Karen Duncan	9067 Wild Willow Court Elk Grove, CA 95758	judgeduncan@cs.com	916-684-5935
Athlete Representative	Kristin Allen		usaacronews@gmail.com	
Treasurer	Margaret daSilva	19052 Carlton Avenue Castro Valley, CA 94546	MickeySew@aol.com	510-537-9082

Section 2: Competition Selection and Meet Director Requirements**A. Selection of Meet Dates and Hosts**

Meet dates for the new competitive season are determined during the annual fall meeting.

Meet dates for State and Regional meets are selected based on the USA Gymnastics-Acrobatic Gymnastics requirements and the announced date for the National Championships. The host teams for each meet are determined by a bidding process only in the event that there are two or more teams requesting to host either meet. The winning bid amount is donated to the WSA Travel Fund above and beyond the established meet surcharges. The starting bid for the regional championship meet is \$500, while the starting bid for the state championship meet is \$300. Those with contracts will receive priority.

For local meets, clubs should submit meet requests to the RACC prior to the fall meeting and no later than October 1st. Those with contracts and having held meets consistently year after year with success will be given priority. The RACC may hold a conference call with the interested clubs to review dates requested to help divide up and apportion meet dates evenly over season prior to State championships. Final approval will be made at the fall meeting.

Once the meet dates have been determined, the meet director must complete the “Region 1 Meet Contract Form” and send it to the Regional Administrative Chair, 10 days after the fall meeting.

B. Meet Fees Structure

Meet entry fee structure for Region 1 meets will be determined at the annual fall regional meeting. These are the current fees. They include the USA Gymnastics-Acrobatic Gymnastics and WSA surcharge fees.

Meet Type	1 st Entry	Additional Entry	Meet Surcharge to WSA/Region 1
Local Meet	\$55	\$20	\$10
State Meet	\$80	\$30	\$15
Regional Meet	\$85	\$30	\$20

These fees include a \$10 per athlete participation for local competitions and \$15 for State and \$20 for Regionals to the WSA travel fund. It also includes a \$5 per athlete fee meet surcharge payable to USA Gymnastics. Athletes are counted only one time even though they might be in more than one event.

C. Meet Director Obligations

1. Once the Board of Directors has approved a meet, the meet director must submit a sanction request form to USA Gymnastics' Member Services a minimum of 30 days before the meet date. Events will not be sanctioned without the approval by a majority of the Board members.
2. The meet director must coordinate with the Regional Judging Coordinator directly to arrange for judges and send a meet information packet (indicating dates, times, location, entry deadline, specifications and directions) to him/her. Meet Directors can expect to know from the judging coordinator 50 days out who their Meet Ref/CJP/DJ will be so these can be listed in the registration packet. Judge Assignments will be listed on the Region 1 website.
3. The meet director must distribute an event announcement flyer to each invited team at least 30 days before the entry deadline for local meets, 60 days for state meets and 90 days out for regionals. . The entry deadline should be 3 weeks prior to the competition date. The announcement flyer should indicate the event date, time, location, entry deadline, specifications and directions.
4. After the receipt of registration fees, no refunds will be given within 14 days prior to the meet *for any reason* with the exception of meets requiring prior qualification.
5. An overall schedule of the meet detailing which levels/events compete on which day shall be sent out 14 days prior.
6. A detailed rotation schedule shall be sent out 5 days prior to the meet.
7. Meet Director shall send a listing of pair/groups by club that are registered to the judges coordinator 14 days out. This will then be sent to the assigned judges to insure the proper tariff sheets are reviewed.
8. The meet director is responsible for insuring that all participating athletes, judges and officials are registered members of USA Gymnastics-Acrobatic Gymnastics. The RACC shall insure the meet director is a member of USA Gymnastics-Acrobatic Gymnastics and has passed the required meet director's test. It is the responsibility of the meet director, and not the RACC, that the specifications for the ceiling height, floor clearance, etc. be met.
9. The WSA surcharge shall be delivered to the RACC or treasurer at the conclusion of the meet or if not available, mailed within 24 hours. The meet director shall then send a meet summary report, meet results (manual score sheets or electronic data) to the RACC within 10 days of the meet conclusion. The WSA surcharge is included in the meet entry fees indicated above and applies only once per athlete, even if entered in multiple events. The meet director is ultimately

responsible for delivery of the results and payment, regardless of the internal organization used to host the meet.

Section 3: Other Special Requirements

- A. The meet director will make an effort to accommodate special circumstances of the athletes, but such accommodation should not affect the meet schedules and awards. It is recommended they be given like medals but will not be given an official place or presented awards on the stand with other athletes. Note to Coaches: Special requests shall not be made for reasons of convenience. Clubs must make sure that their athletes and parents are well aware of the meet dates. A request for religious beliefs, proms and graduations must be made at time of registration.
- B. Athletes outside Region 1 may participate for medals at locals, State and Regionals Championships. Any athletes who are fairly registered and have paid required fees will be allowed to compete equally alongside athletes from region 1 for medals. If outside athletes pay region 1 dues they may participate freely within region 1. Competition at regional meets are not intended to be used for qualifying purposes unless there is no qualifying event within their own region. If they do not qualify within their region at a State or Regional championships they may compete for qualification scores only, not for medals. If they have qualified within their own region and wish to compete at region 1 events for the competition experience, they would not be allowed to take medals from region 1 athletes.
- C. 6 days prior to a given meet will be the last day that any changes in registration will be accepted by the meet director. Any changes submitted less than 6 days prior will be subject to the discretion of the meet director and if agreed to, there will be a \$25 change fee and updated changes will appear in the rotations distributed at the competition.
- D. State and Regional Competitions must have facilities that are air conditioned. Ventilation only is not acceptable. Swamp coolers are not acceptable.
- E. All coaches should maintain a team dress code at all competitions. All coaches should wear professional looking team attire while coaching on the floor. (No jeans, cutoffs, hard sole shoes, no high heels, etc.)
- F. If a club registers late, there will be a late fee of \$50.00 per club and a \$10.00 per pair/group fee. If they have already registered and want to add an additional pair/group (late), then the \$10.00 pair/group fee applies.
- G. The meet director will make provisions to accept competition music in an MP3 or WMA format for all region 1 competitions. This is in addition to the requirements outlined in the Acrobatic Gymnastics Program Rules and Policies, Section X, subsection III titled "Music". All MP3 music files from a club may be submitted on a single CD for convenience. The naming convention for the MP3 files will use the competitor group number and the first letter of the exercise (Balance, Dynamic, Combined) followed by the file extension. For example, "118c.mp3" is the combined exercise music for group registered as 118.

Section 4: Petitioning Process

All petitions received by the Regional Administrative Committee Chair for local through Regional Competitions must be received before the competition begins.

Petitions must be filled out in accordance with the requirements of the USAG specifications.

The RACC shall submit to all the clubs a report prior to State and Regionals, which shows those petitions which have been submitted and their decision.

Other petitions to the national office affecting the qualification process to level 10 and elite shall also be made known to the clubs through the RACC when possible. Coaches are responsible to provide this information to the RACC.

Section 5: Awards

State Awards

Club Team Awards: To be purchased by host of meet. Awards will be banners. Size and artwork to be approved by Regional Administrative Committee.

Club Level winners are determined from among all eligible clubs participating at State or Regionals.

Awards will be given to the first place for each level.

Separate team awards will be given for each level- Elite (Jr Elite and Sr.Elite are combined) and Levels 4-10.

The score for team awards will be figured as follows:

Level 4-7 will average the 2 top scores per club in each level.*

Level 8 & 9 will combine balance and dynamic and then take the average of the 2 top scores per club in each level.*

Level 10 and Elite will combine balance, dynamic and combined and then take the average of the 2 top scores, per club in each level. *

If an event and age category has finals, Level points are determined by FINAL standings.

The 2 top scores may be taken from the same event in each level.

*Clubs with 1 pair/group in a level will be ranked below all clubs with 2 or more pair/groups (ranking by number of entries up to two, then by scores).

Regional Awards

Club Team Awards: To be purchased by host of meet. Awards will be trophies. Size and artwork to be approved by Regional Administrative Committee.

The following awards are purchased by the Western Region Sports Acrobatics Association

Pair/Group Awards

These awards are categorized in three level groupings: Level 4-7, Level 8-10 and Elite. Each club should submit 2 votes and a maximum of 1 vote for your own clubs pair/group. To make this award significant to the athletes, please involve them in the selection process. I would recommend setting up a meeting with your team to get their input as to which pair/group you would like to honor from another club. Regarding a selection of your own teams pair/group, you might want to have your athletes vote using a secret ballot. Please be ready to submit your votes when you arrive at regionals.

Coach Awards

These awards are divided into three. Elite Coach of the Year, Junior Olympic Coach of the Year and Rookie Coach of the Year. Nominations should be emailed to the administrative chair 1 week prior to regionals of the coaches from each club who are eligible for either elite, junior Olympic or rookie coach of the year. The vote will be taken at regionals.

Highest Score of the meet awards

These awards are determined by score alone. These will be given for the following levels: 4,5,6,7,8, 9, 10 and Elite.

Lifetime Achievement Awards

This award recognizes those that have dedicated themselves to the sport of acrobatic gymnastics. Through their time, resources, talents and love of the sport they have devoted themselves as athletes, coaches, judges and officials. Pins will be given for 3 years, 5 years, 10 years, 15 years and 20 plus years.

Regional Championships Pair/Group Awards				
Award	Award Description	Nomination Criteria (Eligibility)	Selection (Eligible Voters)	Selection Procedures
<i>XXXX Region 1 USAG Acrobatic Gymnastics Pair/Group of the Year Junior Olympic Levels 4-7</i>	Awarded for great achievements in athletic endeavors	All Level 4-7 athletes competing at Regionals.	2 votes per club. Max 1 pair/group from your own club.	Conducted by written ballot during Regional Championships. Ties will be broken by highest score at regionals.
<i>XXXX Region 1 USAG Acrobatic Gymnastics Pair/Group of the Year Junior Olympic Levels 8-10</i>	Awarded for great achievements in athletic endeavors	All Level 8-10 athletes competing at Regionals.	2 votes per club. Max 1 pair/group from your own club.	Conducted by written ballot during Regional Championships. Ties will be broken by highest score at regionals.
<i>XXXX Region 1 USAG Acrobatic Gymnastics Pair/Group of the Year Elite</i>	Awarded for great achievements in athletic endeavors	All Elite athletes competing at Regionals.	2 votes per club. Max 1 pair/group from your own club.	Conducted by written ballot during Regional Championships. Ties will be broken by highest score at regionals.
Regional Championships Coach Awards				
<i>XXXX Region 1 USAG Acrobatic Gymnastics Elite Coach of the Year</i>	Awarded for great achievements in Elite coaching endeavors	All coaches with an athlete qualified to Elite at Regional Championships. Based on his or her performance throughout the season.	Clubs to submit nominations prior to regionals of the coaches from their club who are eligible.	Conducted by written ballot during Regional Championships. Each club will be able to vote for 1 candidate.
<i>XXXX Region 1 USAG Acrobatic Gymnastics Junior Olympic Coach of the Year</i>	Awarded for great achievements in Junior Olympic coaching endeavors	All coaches with an athlete qualified to the J.O. (Levels 4-10) at Regional Championships. Based on his or her performance throughout the season.	Clubs to submit nominations prior to regionals of the coaches from their club who are eligible.	Conducted by written ballot during Regional Championships. Each club will be able to vote for 1 candidate
<i>XXXX Region 1 USAG Acrobatic Gymnastics Rookie Coach of the Year</i>	Awarded for great achievements as a rookie coach.	All coaches with athletes who have qualified to Regional Championships for no more than 2 years. Based on his or her performance throughout the season.	Clubs to submit nominations prior to regionals of the coaches from their club who are eligible.	Conducted by written ballot during Regional Championships. Each club will be able to vote for 1 candidate

Regional Championships Highest Score of the Meet				
Award	Award Description	Nomination Criteria (Eligibility)	Selection (Eligible Voters)	Selection Procedures
<p><i>XXXX Region 1 USAG Acrobatic Gymnastics Highest Score at Regional Championships Level 4 Level 5 Level 6 Level 7 Level 8 Level 9 Level 10 Elite</i></p>	<p>Level 4 through Elite pair/group with the highest score at regionals.</p>			<p>Reported by meet director</p>

8 Separate Trophies

SAMPLE of Club Team Awards for State and Regionals

USAG Acrobatic Gymnastics
XXXX Region 1 Championships or XXXX California State Championships
Team Award - LEVEL 4

USAG Acrobatic Gymnastics
XXXX Region 1 Championships or XXXX California State Championships
Team Award - LEVEL 5

USAG Acrobatic Gymnastics
XXXX Region 1 Championships or XXXX California State Championships
Team Award - LEVEL 6

USAG Acrobatic Gymnastics
XXXX Region 1 Championships or XXXX California State Championships
Team Award - LEVEL 7

USAG Acrobatic Gymnastics
XXXX Region 1 Championships or XXXX California State Championships
Team Award - LEVEL 8

USAG Acrobatic Gymnastics
XXXX Region 1 Championships or XXXX California State Championships
Team Award - LEVEL 9

USAG Acrobatic Gymnastics
XXXX Region 1 Championships or XXXX California State Championships
Team Award - LEVEL 10

USAG Acrobatic Gymnastics
XXXX Region 1 Championships or XXXX California State Championships
Team Award - ELITE

Region 1 Acrobatic Gymnastics Meet Contract Form

Event Director: _____

Date of Event: _____

Professional Member # _____

Name of Event: _____

Meet Director test _____

Club # and Name _____

Site Address: _____

Club Address _____

City _____ State _____ Zip _____

State and Regional meet facilities must have air conditioning. Ventilation only is not acceptable. Swamp Coolers are not acceptable.

Meet Director phone # _____

Meet Director Cell # _____

Note: This form does not replace the USAG Sanction request form.

I am a professional member in good standing with USA Gymnastics. I agree that the above event will be conducted according to the USA Gymnastic Specifications and the Region 1 Acrobatic Gymnastics Rules and Policies. I thoroughly understand these policies and assume responsibilities for this event and agree to be held accountable for any irregularities that might incur. I also will be financially treasure. I understand that I am ultimately responsible for delivery of the payment, regardless of the internal organization used to host the meet.

Signature of Event Director: _____

**WSA/Region 1 Meet Surcharge: Locals \$10 per athlete, State \$15, Regionals \$20
USAG Meet Surcharge: \$5 per athlete**

Please mail or fax form to the Regional Administrative Chair.