

2011 CA State Championships

Saturday, May 14, 2011

8:30 AM	9:00 AM	Doors Open
9:00 AM	9:30 AM	Session A General Warm Up
9:30 AM	9:45 AM	Opening Ceremonies
9:45 AM	11:00 AM	Session A
		Level 4 (MG 11U)
		Level 5 (WG 12-14)
		Level 6 (WG 11U, 12-14)
		Level 7 (WP 11U, 12-14, 15-16; MXP 12-14)
11:00 AM	11:30 AM	Session B General Warm Up
11:30 AM	12:45 PM	Session B
		Level 4 (WG 11U)
		Level 5 (MP 11U; MXP 12-14)
		Level 6 (WP 11U, 17+; MXP 12-14, 15-16)
		Level 7 (MXP 15-16; WG 15-16)
		Level 8 (WG 12-14 Balance)
12:45 PM	1:15 PM	Session C General Warm Up
1:15 PM	2:45 PM	Session C
		Level 8 (WP 15-16; MXP 12-14 Dynamic)
		Level 8 (WG 15-16, 17+ Balance)
		Level 9 (WP 16U Dynamic)
		Level 9 (WG 16U Balance)
		Level 10 (MP Dynamic)
		Jr./Sr. Elite (WP, MP, MXP Dynamic)
		Jr./Sr. Elite (WG Balance)
2:45 PM	3:15 PM	Sessions A & B Awards Ceremony

Sunday, May 15, 2011

8:30 AM	9:00 AM	Doors Open
9:00 AM	9:30 AM	Session D General Warm Up
9:30 AM	9:45 AM	Opening Ceremonies
9:45 AM	11:15 AM	Session D
		Level 6 (WP 12-14)
		Level 7 (WG 17+)
		Level 8 (WG 17+ Dynamic)
		Level 9 (WG 16U Dynamic)
		Level 10 (MP Balance)
		Jr./Sr. Elite (WP, MP, MXP Balance)
		Jr./Sr. Elite (WG Dynamic)
11:15 AM	11:45 AM	Session E General Warm Up
11:45 AM	1:00 PM	Session E
		Level 5 (WP 11U, 12-14)
		Level 7 (WP 17+; WG 12-14)
1:00 PM	1:30 PM	Session F General Warm Up
1:30 PM	3:00 PM	Session F
		Level 8 (WP 15-16; MXP 12-14 Balance)
		Level 8 (WG 12-14, 15-16 Dynamic)
		Level 9 (WP 16U Balance)
		Level 10 (MP Combined)
		Jr./Sr. Elite (WP, MP, MXP, WG Combined)
3:00 PM	3:30 PM	Sessions D, E & F Awards Ceremony

The above times are approximate. Sessions may start earlier than anticipated. Coaches, please have your athletes on site at least 45 minutes prior to scheduled warm-up and award ceremonies.